

3 unique routes to practice mountain biking in Peru

Currently, more and more cyclists enjoy this modality within the Peruvian territory, cycling has become a healthy and ecological sport that helps to explore tourist attractions.

Mountain biking is an activity that can be complemented by Trekking, mountain biking Cusco allows you to know many archaeological centers in a short time and from a different perspective as well as offering you unique views of the Imperial city.

There are many agencies in Peru and Cusco that offer you this service.

Mountain biking benefits:

1. It keeps you active.
2. Create a connection with the environment and nature.
3. Your mood improves.
4. Reduce stress.

Unique mountain biking routes

Pachacámac, an archaeological village

Pachacámac is one of the best places in Lima to enjoy cycling. In this place there are great routes such as: La Chacra, El Manzano, El Cardal, El Lúcumo and El Chirimoyo.

It is recommended that the tours of these routes take place between the months of April to December.

The Cordillera Blanca, 6 thousand meters high

It is one of the most attractive routes in the country. The Cordillera Blanca is a group of mountains located in the Andes. This mountain range is of great importance to Peruvians since these ice formations are the main water supply.

Cyclists with extensive experience in mountain biking - can pedal from the Cordillera Blanca to the Callejón de Conchucos, passing through the highest tropical snow-capped mountains in the world, and finally visit the Chavín de Huántar Archaeological Complex.

Cusco and Sacred Valley

If you want to do this route, you should know that the perfect season is from April to November. You can do, for example, the Maras - Moray or Sacsayhuaman section to the main square of Cusco. Likewise, you have the possibility of venturing through Andahuaylillas towards the Sacred Valley.

All these routes allow you to escape the city and immerse yourself in the landscapes of the Andean country.

